

If Constipated Test It Free

Every year intelligent people are dressing more lightly and paying more attention to their health. If a person eats what is sufficient for his bodily requirements he will give the blood plenty of strength to warm the remotest points of the body.

It is, as you see, much more a question of blood than of heavy clothing, but the stomach and bowels, nevertheless, regulate the quality of the blood. Of first importance is the daily movement of the bowels, so that the waste matter may be carried from the system and not get in the blood. If a person has less than the normal movement of the bowels in each 24 hours, he or she is constipated. If constipated there is no better cure than Dr. Caldwell's Syrup Pepsin. It cures so permanently and so effectively that eventually you will be able to do without medicine of any kind, and that is the point you are aiming at. You cannot expect permanent results from salts, powders, cathartic pills or purgative tablets. They are at best but temporary relief. Dr. Caldwell's Syrup Pepsin, being a laxative tonic, will cure the trouble and so tone the digestive organs that they will soon learn to do nature's work without assistance.

That is the experience, among others, of Mrs. Boninson, of Kewanee, Ill., and John M. Neudorfer, of Bennett, La. This wonderful herb laxative compound can be obtained at any drugstore at 50 cents a bottle, frequently in itself sufficient for a cure. Thousands of reliable families keep it steadily for just such emergencies. If, however, you have never yet used it and would like to try it before buying, send your name and address to the doctor and a free test bottle will be forwarded to your home. The results will speak louder than our words. Write today.



If there is anything about your ailment that you don't understand, or if you want any medical advice, write to the doctor, and he will answer you fully. There is no charge for this service. The address is Dr. W. B. Caldwell, c/o Caldwell Bldg., Monticello, Ill.

Furniture Repair UPHOLSTERING

We have opened a first class Furniture Repair Shop and are equipped to repair all kinds of Furniture, do upholstering and finishing work on furniture. We do all sorts of wood work and if you have a piece of furniture about the house in need of repair you will make no mistake by bringing it to us.

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Cor. Third and Hewes St.



\$18.50

SPECIAL FOR 30 DAYS

This Large
Turkish Rocker
in genuine leather \$18.50

C. R. Odell,
663 West Pike Street

JERSEYS

Combination and Golden Lad. For sale 52 cows, 3 heifers and 20 bulls.

S. E. Nevin, Landenburg Pa.



THE CHOCOLATE ADAIRS IN THE MERRY MUSICAL FANTASY, "THE GINGERBREAD MAN," AT THE GRAND THURSDAY, JANUARY 14.

TRY THIS MIXTURE FOR RHEUMATISM

A SIMPLE MIXTURE ANYONE
CAN PREPARE—MAKES THE
KIDNEYS FILTER OUT
THE ACIDS.

Women as Well as Men Are Made Miserable by Kidney and Bladder Trouble.

Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness soon disappear when the kidneys are out of order or diseased.

Kidney trouble has become so prevalent that it is not uncommon for a child to be born afflicted with weak kidneys. If the child urinates too often, if the urine scalds the flesh, or if, when the child reaches an age when it should be able to control the passage, it is yet afflicted with bed-wetting, depend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs. This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as most people suppose.

Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of Swamp-Root is soon realized. It is sold by druggists in fifty-cent and one-dollar size bottles. You may have a sample bottle by mail free, also a Home of Swamp-Root pamphlet telling all about Swamp-Root, including many of the thousands of testimonial letters received from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and mention this paper. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

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Home 316

Residence Bell 444-R
Home 41

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REMOVES—Superfluous hair, moles, blackheads, birthmarks, warts, red veins, pimples.

Electric Scalp Treatments.

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CONFIDENTIAL LOAN

Waldo Building, Fourth Street.

Lends money on everything. You can save money on everything by buying here.

L. SPIRO.

Recent hospital reports show that the dread disease, rheumatism, is steadily increasing throughout the country. All known means of relief are being suggested to save the great amount of suffering this winter, especially among those who are not in a position to pack up and visit the noted health resorts to be treated. Recent tests prove rheumatism not exactly a disease in itself, but a severe symptom of kidney trouble, a condition caused by clogged up pores of the eliminative tissues in the kidneys which fail to filter the poisonous waste matter and uric acid from the blood permitting these substances to remain in the veins and decompose, usually settling about the joints and muscles, causing the intense pain, swelling and stiffness of rheumatism.

The following simple home treatment will cure rheumatism and is harmless and inexpensive, and so simple that anybody can mix it at home. The ingredients are: Fluid Extract Dandelion, one-half ounce; Compound Karkon, one ounce; Compound Syrup Sarsaparilla, three ounces. To any good prescription pharmacy and get these three harmless ingredients and mix them by shaking in a bottle, taking as a dose a teaspoonful after each meal and again at bedtime.

There is nothing better in the world for backache, kidney and bladder trouble, too. Such symptoms as frequent and painful urination, soreness, weakness, general and nervous debility are caused by certain acids and poisonous waste matter, decayed tissue, etc., in the blood, which the kidneys will clear and purify after a few doses of this prescription.

Frank Duffy has returned from a visit in Wheeling.

SWEET MELODY FLOUR.

SAFE AND RELIABLE

DR. YOUNG'S

HEADACHE POWDERS

STOPS HEADACHE AND NEURALGIA

WITHOUT DEPRESSING THE HEART

6 DOSES IN PACKAGE 10¢

SOLD BY ALL DEALERS



A merry melange of mirth and melody, sparkling dialogue, bright repartee, a host of pretty girls and a big cast are treats in store for the- atre-goers who visit the Grand next Thursday night, when the musical fantasy, "The Gingerbread Man," makes his bow.

The neenes are laid in the mythical land of Santa Claus and the adjoining kingdom of King Sugar Plum and King Bunn and the people are such friends of our childhood as Kris Kringle, Margery Daw, Jack Horner, The Man From Our Town, Simple Simon, etc. The lyrics were written by Frederick Itan kin and the music by A. Baldwin Sloane, who have many individual successes to their credit.

The old time refrain of "Same Old Minstrels, Same Old Mokes, Same Old Men, Same Old Jokes," does not apply to the Guy Brothers, who will play a return date at the Grand next Tuesday night. Always something new is the motto of this organization, that year after year tour the country from Canada to Frisco, giving satisfaction to the public at every appearance. Singers, dancers and musicians, par-excellence comprises the Guy Brothers' Company, and two hours and a half of the old fashioned minstrelsy is assured all who see their performance on Tuesday night.

Prepare to be thrilled, amused and interested when "When Woman Loves" comes to the Grand Wednesday, January 13, as a sample of realistic stage possibility it leads all others in human interest, hence its popularity.

A Chance For Good Baker To Win A Box At Theatre

To the lady who bakes the best sample of gingerbread will be given by the Daily Telegram as a prize a box at the Grand Opera House containing four seats, or if the winner prefers, four orchestra seats. Upon this occasion will be presented "The Gingerbread Man," the merry musical show, direct from the Nixon theatre at Pittsburg, under the direction of Nixon and Zimmerman. This offer will enable some lady to give a box party. Conditions of the contest will be as follows: The prize will be awarded to the lady who bakes the best gingerbread and nearest sample. All samples of bread to be presented at the business office of the Daily Telegram not later than Thursday noon, January 14, that the winner may be announced in Thursday afternoon's issue of the Telegram. Each sample will be numbered and three ladies selected by the Telegram will act as judges. Fill out the following coupon and present with your sample of gingerbread:



Telegram's Gingerbread Man Contest

Name

Street

Sample No. Received

GRAND OPERA HOUSE

Thursday, January 14th, 1909

THE NIXON & ZIMMERMAN COMPANY

Present the great musical fantasy and comic opera

THE Gingerbread Man

By Fredric G. Rankin and A. Baldwin Sloane

Fresh from the Musical Bakery

Direct from its enormous

Philadelphia engagement

at the Garrick Theatre,

where it broke all records

previously held by Richard Mansfield

The Most Delightful Music the

Ear Ever Listened to, Up-to-

date Comedy and Unusual

Ensembles.

Prices \$1.50, \$1.75, 50, 25

The Grand, MONDAY, JANUARY 11

Gorgeous Comic Opera

"The Geisha"

BEAUTIFUL COSTUMES—STUNNING GIRLS

75—Chorus—75

Hear 'The Jewel of Asia,' 'Happy Jap Jap,' 'Tea, Tea, Tea,' 'Chin, Chin China-man,' 'Chon Kina,' 'Toy Duett,' 'Love All the Girls,' 'Ching-a-Ring-a-Ree,' 'Jack's the Boy.'

Prices \$1.50, \$1.00, 75, 50

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The crowds are getting better every day to see

our pictures. Why not join the crowd?

3 DANDIES TODAY.

THOMPSON'S NIGHT OUT. FIGHT FOR FREEDOM.

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SONG—NIGHTINGALE.

Pictures are shown only one day in this city at the Bijou.

Reduction in Prices

During the month of January we will give

a GREAT REDUCTION on every suit

you may order.

S. NEWMAN,

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No get rich quick schemes ever offered a plan that was more feasible than our advice to those wishing to better their condition. Work and save—that's the best and safest formula for acquiring a fortune.

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Large Cash Resources

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